

CLARKE PARISH - BERRYVILLE, VIRGINIA

Grace Episcopal Church / St. Mary's Memorial Church

THE EVANGELINE

Keeping you up-to-date on church happenings
May 10, 2023

Service Schedule

THIS SUNDAY

Sunday, May 14, 2023

The Sixth Sunday of Easter

8 am - Holy Eucharist @ Grace Church

Celebrant - The Very Rev. Justin Ivatts
Seminararian/Lay Reader - Caroline Mitchell

9:15 am - Holy Eucharist @ St. Mary's

Celebrant - The Very Rev. Justin Ivatts
Seminararian - Caroline Mitchell
Lay Reader - Gwen Malone
Music - Helena Goldberg

11:15 am - Holy Eucharist @ Grace Church

Celebrant - The Very Rev. Justin Ivatts
Seminararian - Caroline Mitchell
Lay Reader - Penny Poe
Acolyte - Lily Bosworth
Music - Wendy Oesterling

The Altar Flowers at Grace Church are given to the glory of God by
Pat Simons in loving memory of her niece, Kendra Cowan.

The Altar Flowers at St. Mary's are given to the glory of God by Dorothy Davis
in honor of all mothers, past and present, of St. Mary's Memorial Church.

Next Week

Thursday, May 18, 2023

The Ascension of Christ

7 pm - Holy Eucharist @ Grace Church

The Ascension Day - The occasion on which the risen Christ is taken into heaven after appearing to his followers for forty days (Acts 1:1-11, Mk 16:19). The Ascension marks the conclusion of Jesus' post-resurrection appearances. It is the final elevation of his human nature to divine glory and the near presence of God. The Ascension is affirmed by the Nicene and Apostles' Creeds. The Ascension is celebrated on Ascension Day, the Thursday that is the fortieth day of the Easter season. **It is a principal feast of the church year in the Episcopal Church.**

Lay Reader & Acolyte Schedule

MAY & JUNE 2023



Ushers Needed!

We need your help! Over the years, Grace Church has typically relied on its Vestry Members to serve as ushers during the late service. However, as vestry membership dropped from 12 down to a 9-member group, we oftentimes find ourselves without anyone signed up to serve. That, partnered with the fact that many of Grace's current vestry members also participate in the choir and are unavailable to usher during the 11:15 service, has left us with an even larger void to fill. This is where we need your help.

Did you know that anyone may volunteer to usher? It's not just a vestry thing. It's a simple and important part of our weekly worship that is oftentimes overlooked. We desperately need some new volunteers to help greet parishioners, welcome visitors, hand out weekly bulletins, and pass the collection plates during the Offertory. If you would like to lend a hand and become an usher (either monthly or weekly), please contact Robin in the office to learn more. We will happily get you signed up and scheduled. It takes a village! Thanks for your consideration.

Church News

Calendar Quick View - Upcoming Events & Activities

- **May 11 - Office Closed!** Staff will be attending the graduation ceremony at Virginia Theological Seminary.
- **May 13 - Main Street Chamber Orchestra Concert** / 4 pm @ GEC - a 30-piece orchestra will perform various selections, including Beethoven's 2nd & a Mozart violin concerto.
- **May 14 - Last Day of Adult Christian Education Class for the season.** Weekly Sunday classes will resume after Labor Day.
- **May 15 - GEC Vestry Meeting** / 7 pm in the GEC Conference Room
- **May 16 - Holy Eucharist @ Commonwealth Senior Living Center** / 2 pm
- **May 17 - Wednesday Morning Bible Study** will resume with a new study topic. The group meets in the Conference Room each week at 10:30 am - everyone is welcome!
- **May 18 - Ascension Day Worship Service** / 7 pm @ GEC
- **May 21 - Combined Worship Service** beginning at 10:30 am @ GEC to celebrate our recently graduated seminarians, Caroline Mitchell and Becki Casey. A special reception will immediately follow in the Fellowship Hall. Please consider bringing a ready-to-serve dish or dessert to add to the feast.
- **May 23 - Life Line Screening Medical Testing Event** at Clarke Parish (see announcement below for more information and scheduling details)
- **May 27 - St. Mary's Annual Strawberry Festival** / 11-2 pm
- **May 28 - Last Day of Youth Sunday School Classes for the season!** Classes will resume after Labor Day.

- **June 4 - 'Mass on the Grass' and Parish Picnic** / 10:30 am @ the Lions Shelter in the Chet Hobert Park. Hamburgers and Hot Dogs will be provided. Again, please consider bringing a ready-to-serve dish or dessert to add to the feast.
- **June 11 - Start of the Summer Worship Schedule** / 9:15 @ St. Mary's & 10:30 @ GEC Services will alternate between Morning Prayer and Holy Eucharist each Sunday - When one church is offering MP, the other will celebrate EUCH). The Summer Schedule will run through Labor Day.
- **June 22 - Thoughtful Thursday Evening Prayer Services BEGIN** for the Summer Season / 7 pm @ Wickliffe Church - every Thursday through August 10th with Caroline & Becki.

Main Street Chamber Orchestra

**THIS SATURDAY, May 13th @ 4 pm
at Grace Episcopal Church**



Calling All Classical Music Lovers - Beethoven & Mozart Concert

Community Event - A concert of major works by Mozart, Beethoven, and C.P.E. Bach will take place at Grace Episcopal Church, 110 N. Church Street, on Saturday, May 13, at 4:00 PM, featuring violin virtuoso Akemi Takayama in Mozart's Violin Concerto #5.

The program also includes Beethoven's Symphony #2 in D Major and Symphony #1 by CPE Bach. The concert is presented by the all-professional Main Street Chamber Orchestra.

Tickets are available at www.mainstreetchamberorchestra.org, \$35, or email jongoldberg@mainstreetchamberorchestra.org. 202-255-3294. Under 18 admitted free.

Vestry News

The **Vestry of Grace Church** is scheduled to meet on Monday, May 15, 2023. The meeting begins at 7 pm in the church conference room. All vestry members are reminded to alert the rector, wardens, or the office if unable to attend monthly meetings. The agenda and meeting package will be distributed via email later this week.

Senior Warden = Mike Casey / Junior Warden = Keith Seekford

The **Vestry of St. Mary's Church** is next scheduled to meet on Tuesday, June 6th beginning at 2 pm in the Parish House.

Senior Warden = Dorothy Davis / Junior Warden = Edwina Mason



A Seminarian Celebration!

Sunday, May 21, 2023

TOMORROW (Thursday, May 11th) our seminarians, Caroline Mitchell and Becki Casey will graduate from Virginia Theological Seminary in Alexandria, Virginia. Staff members will be there to witness this special moment, so the office will be closed on Thursday this week.

We will celebrate Caroline and Becki's accomplishments, as well as their faithful and dedicated service to Clarke Parish, during a special service on Sunday, May 21st beginning at 10:30 am at Grace Church. Please plan to attend and help us celebrate these two remarkable women. Aside from our 8 am worship time, this combined special service will be the only other offering at Clarke Parish on this day.

We will continue our seminarian celebration with a festive coffee hour immediately following the special service. If interested in helping with the party or providing a tasty treat or ready-to-serve item for the festivities, that would be most helpful. Let's make this an extra special day for them! They both deserve our thanks and praise - we've been blessed to have them here at Clarke Parish.



fellowship, fun & food!

Mass on the Grass & Parish Picnic

SAVE THE DATE
Sunday, June 4, 2023

Help us celebrate Clarke Parish, the approach of summer, and the successful close of another year of Christian Education by attending an outdoor worship service and church picnic on Sunday, June 4th at the Chet Hobert Park (Lions Shelter). We will forgo our separate 9:15 am and 11:15 am services this day and instead combine them for a special 'Mass on the Grass' outdoor worship experience beginning at 10:30 am. Immediately following service, we will light the grills and prepare hamburgers and hot dogs for the picnic. Please consider bringing a side dish to add to the picnic feast. So...head over to the park and join us for an afternoon of faith,

Health & Wellness!

LifeLine Screening Medical Testing Event

GEC Parish Hall
Tuesday, May 23rd

Life Line Screening, the nation's leading provider of preventive health screenings, will offer affordable, non-invasive, and painless health screenings at Grace Episcopal Church on Tuesday, May 23, 2023.

There is a simple, convenient way for you to get preventive health screenings and learn your risk for stroke, heart disease, and other chronic conditions.

These painless screenings go beyond your regular checkup to identify dangerous plaque buildup or blockage, a major risk factor for stroke and heart disease. The screenings are accurate, affordable and will give you valuable information about your health that you can share with your doctor.

A package of five screenings to identify risk for stroke, heart disease, and other chronic conditions will be offered:

- **Carotid Artery Screening (Plaque)**

An ultrasound is performed to screen the carotid arteries (a pair of blood vessels in the neck that deliver blood to your brain) for a buildup of fatty plaque. This buildup, called atherosclerosis, is one of the leading causes of stroke.

- **Peripheral Arterial Disease Screening**

An Ankle-Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs. It is important to screen for PAD because it increases the risk of coronary artery disease, heart attack, or stroke.

- **Abdominal Aortic Aneurysm (AAA)**



Catch health problems before they go too far.

Life Line Screening offers a 5-screening package to provide peace of mind or early detection for risks of stroke and cardiovascular disease. The combination of these tests helps detect problems—before you have symptoms and while you and your doctor can still take action...so you can keep doing the things you love.



Keep doing the things you love.



Register now to check the health of your arteries

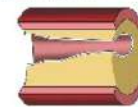
5 Important Screenings for Only \$149 (Special Package Pricing)

- Carotid Artery Screening (Plaque)
- Heart Rhythm Screening (Atrial Fibrillation)
- Abdominal Aortic Aneurysm Screening
- Peripheral Arterial Disease Screening
- Osteoporosis Risk Assessment

Plaque buildup can lead to cardiovascular disease, stroke and aneurysms.



A normal artery allows blood to flow through easily.



Plaque buildup in the arteries reduces your blood flow and can be dangerous if left untreated.

Join the **10 million people** who have been screened. We are coming to your neighborhood.

When: Tuesday May 23, 2023

Where: Grace Episcopal Church
110 N Church ST. Berryville, VA 22611

To register for your appointment and to receive the special discount, please call toll-free **877-754-9648** or visit LLSA.SOCIAL/HS

Screening results are provided to you in about 14 days. We direct all participants with abnormal results to take the report to their physician. Appropriate modification of risk factors including high blood pressure, smoking, heart disease, diabetes and/or diet is also necessary for cardiovascular disease prevention. Our screenings cannot detect all forms of stroke risk or cardiovascular disease. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Price does not include any applicable review fees. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims nor provide reference to any physician's office or hospital. If you are unable to attend the screening for any reason whatsoever we will issue a gift card for the full amount to be used by you or anyone you choose for future screening services.

An ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm. AAA can lead to a ruptured aortic artery, which is a serious medical emergency.

- **Atrial Fibrillation**

A 6-lead electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for Atrial Fibrillation. AFib can lead to blood clots, stroke, and heart failure, and other heart-related complications.

- **Osteoporosis Risk Assessment**

Call Now! There is still time to sign-up!

These 5 vital screenings take 60-90 minutes to complete.

Special Event Pricing = \$149

Register by calling toll-free 1-844-591-7160,
text the word "circle" to 216-279-1607
or online at <https://lisa.social/HC>

Online Giving

Clarke Parish has partnered with Tithe.ly - a trusted online platform that provides a simple, convenient, and secure way to support the church and our ministry through online giving from anywhere at any time!



Please consider this option to make pledge or one-time payments to the church. You can also set up recurring payments, and likewise, use Tithe.ly to give to the General Fund, Grace Giving, St. Mary's Giving, the Rector's Discretionary Fund, the Backpack Ministry, or 'Other' (i.e. Easter Flowers) by selecting from the drop-down menu options.

ANOTHER GREAT WAY TO SUPPORT THE PARISH

Looking to cut your tax bill AND help your favorite charities at the same time?

Normally, when you hit age 70 1/2, you have to start withdrawing money from an Individual Retirement Account (IRA) under the Required Minimum Distribution (RMD) rule.

Forbes: <https://apple.news/AakxgQci-QI6qb9M-MfPIPQ>

GIVE NOW!

CHECK US OUT ON FACEBOOK!

Remember to VISIT and LIKE our page(s) on Facebook
(Grace Episcopal Church OR St. Mary's Memorial Church)

It's a great way to keep up-to-date on everything that's happening around here AND see photos of what we've been up to too!

You can also keep up-to-date by visiting the Parish Website @ www.clarkeparish.org